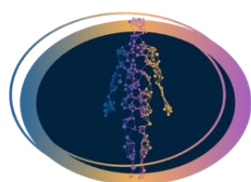


Continuing Professional Development in Women's Health.



College of
Non Musculoskeletal
Osteopathy



THE INTERNATIONAL SOCIETY FOR
OSTEOPATHIC HEALTHCARE
www.isohc.org
Developing Osteopathic Practice

Available for purchase via: cnmo.co.uk

All enquiries to admin@cnmom.co.uk

Live streaming lecture and tutorial series (is recorded also) in complex and chronic pelvic pain. (This component only can also be purchased on the osteobitesize.com website)	
This option is for 10 sessions, of 2 hours, delivered fortnightly every two to three weeks on Wednesday evenings, 7pm-9pm UK time. Starts January, and ends in July, just prior to the practical dates (if you take that option).	The live streamed taught programme over 10 sessions costs £375, or discount till 24 December, 2021: £315
Modules	Indicative content
1	Complexity in cavity dynamics, motor planning, abdominopelvic pressures, fluids and effects on physiology and inflammation
2	Developmental dynamics, consequences of endocrine and autonomic dysregulation of overtime – relevance for pelvic pain
3	Social engagement, the poly vagal systems, pelvic parasympathetics and plexi, disentangling emotions, sexual interactions and tissue states
4	Pain perceptions, pain and illness behaviours, trauma dynamics, reducing vigilance and improving agency
5	Considering organ movements in micturition and defaecation, integration of the pelvic floor and how problems arise. Bladder and bowel considerations
6	Endometriosis, pathologies gynae system, surgeries, consequences
7	Inter-organ dynamics, postsurgical, adhesions, management of the peritoneum, viscerosomatic reflexes
8	Pelvic floor and coccydynia problems, high tone and dyssynergia problems, and complex childbirth related problems
9	Organ support and prolapse management
10	Consenting, communication, risk management, limitations to care, health and hygiene, practice management considerations
Practical Instruction in complex pelvic techniques (3 days – 2 external, one internal).	
PLEASE NOTE THERE IS A PRIOR CAVEAT OF BEING ALREADY COMPETENT IN A RANGE OF PELVIC AND VISCERAL APPROACHES, AND YOU CANNOT UNDERTAKE THIS ADVANCED PRACTICAL COURSE IF YOU HAVE NO PRIOR VISCERAL TRAINING. Qualifying programmes in this area include various CNMO Certificates or training, or the Molinari Women's Health Programme. If you want a basic training then there are 3 separate practical sessions available which are at an introductory level, which if completed, will then enable you to participate in the advanced course for the Certification. These other courses are on 6 Feb (pelvic floor), 25-26 March (abdominal and GIT), and 27-28 May (renal, basic urogenital). For details of how to purchase these and their accompanying emodules, please see osteobitesize.com – the practical page.	

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Complex pelvic pain practical sessions:

Practical session for accepted candidates (this has an extra cost to the live streamed lectures).	Friday, Saturday and Sunday – 2 days for external technique instruction and assessment, and one day for internals (PR and PV). General practical competence assessment is included in the practical courses. 15-16-17 July, 2022, Lancashire.	The practical sessions are only available to people who have undertaken the above taught programme. Taking days one and two (which can be done without the internals day) costs £300 and adding the internals day is an additional £150. This option can be purchased from within the live streamed lectures course page only.

Certification in Complex Pelvic Pain and Internal and Sensitive Area Work in Female Patients

This can be undertaken by completing the additional components below and can be purchased separately at an additional fee.	This process of assessment, observation and subsequent mentoring / support is £175 This option can be purchased from within the live streamed lectures course page only.*
Total cost for the taught elements, practicals and certification	£1000, or £850 if paid by 24 December, 2021.

Clinical observations	You need to arrange 2 half day clinical observations at an osteopathic clinic or a suitable allied health professional / medical clinic where pelvic pain patients are being assessed and managed. This is to support clinical awareness and does not have to be specifically osteopathic care. This is at your own cost.
Assessments	You must complete a portfolio of 6 patients (including a patient feedback sheet if they consent to that) that you have managed independently relating to pelvic pain (which don't all have to include internal examinations, but 2 must – either PR or PV). There is a multiple choice / short answer paper about relevant anatomy and pathophysiology, utilising information from the taught elements. There is also an essay on challenges to consenting and risk management and exploring the evidence for osteopathic work in this area (2000 words, which must be referenced). You then need to be observed undertaking two internal assessments on patients. Peer appraisal from tutoring staff.
Ongoing mentoring support	After your initial qualification you can join 6 monthly tutorial meetings of one hour each, for support and clarification. This is included in your course fee. After each subsequent renewal you can attend 3 monthly hour long tutorial . support sessions.
Caveat for CNMO WHD / Integrated Clinical Diploma candidates	*Please note, students enrolled on the Women's Health Diploma from the CNMO already complete a version of the taught modules and are already eligible to attend the practical session as part of their course fee (if they have purchased that option). They can then add this certification by taking the assessments on top of their Diploma, at a cost of £175. If they have not enrolled to the practical session, they must purchase this / other pre-required elements if applicable and pay the Certification fee in order to undertake the Certification process.

THIS CERTIFICATION IS INTERNALLY VALIDATED BY THE COLLEGE OF NON MUSCULO-SKELETAL OSTEOPATHY AND IS OPEN TO REGISTERED OSTEOPATHS, CHIROPRACTORS OR PHYSIOTHERAPISTS. CERTIFICATION LASTS FOR 3 YEARS and can be renewed initially by doing an emodule revision, and then after the next 3 years needs to be renewed using practical cases and a portfolio. This pattern then repeats. Renewal costs are minimal, TBA. This Certification is endorsed by the International Society of Osteopathic Healthcare, and the CNMO Certification logo and the ISOHC endorsed logo will be able to be displayed to certified candidates. Please note, for ISOHC endorsement to be publicised on your clinic website you must maintain and ISOHC basic membership. www.isohc.org